

# LA MAMA THEATRE AND GIRLS ACT GOOD PROUDLY PRESENT SLIGHTLY CRACKED



WRITTEN BY LISA DALLINGER AND JENNIFER MONK  
FEATURING LISA DALLINGER, JENNIFER MONK, SOPHIE LAMPEL,  
JOSS MCCLELLAND AND LAURA JANE TURNER



**Mental Health Facilities. Funding Cuts. Family Dinners. Anyone has the potential to crack.**

New mum Nadia is at crisis point and checks into the Head to Health facility for some much needed respite. This new age facility provides free, around the clock mental healthcare as well as deluxe spa treatments, facials, yoga, cocktails and more... but is it all too good to be true?

Drawing upon real stories and interviews, this new work by **Girls Act Good** explores the often grotesque nature of mental health treatment for women over time, and aims to shine a light on women's resilience in such circumstances, shedding shame and stigma for the future.

Director, writer and performer **Jennifer Monk** says *"My Great Aunt was put into the Kew asylum and died in there 2 weeks later. Because women's health and mental health was stigmatised, people weren't given the proper treatment or listened to. This show is our way of giving a voice to those who go unheard and unnoticed when it comes to mental health."*

Running at the **La Mama Courthouse** for a strictly limited season, **Slightly Cracked** is a must see addition to the company's Spring Season programming.

## SEASON DATES: NOV 2 – 12, 2023

For full dates, times & details see the next page  
or check La Mama's [website](#)

All media enquiries to Emma Caldwell E: [girlsactgood@gmail.com](mailto:girlsactgood@gmail.com) M: 0430 883 662

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## A GIRLS ACT GOOD PRODUCTION



Girls Act Good is a collective of female identifying creatives and performers that has been contributing to the Melbourne theatre and film scene for 10 years. Founded by Jennifer Monk, the collective has previously produced theatre and film projects including *The Association*, *Ladies of the Bay*, *A Christmas Tale*, *Cinders* and *the Seven Stages of Grief*, *A Lady Shot* and the multi-award winning web series *Last Breath*.

### Previous praise for Girls Act Good:

*"Well researched and very well written"* – Melbourne Observer  
*"All the performers demonstrate a vast array of skill and talent"* – Stage Whispers  
*"Girls Act Good Acting Up Beautifully"* – FilmInk

Performed by Lisa Dallinger, Jennifer Monk, Sophie Lampel, Joss McClelland and Laura Jane Turner

Directed by Jennifer Monk

Dramaturg Perri Cummings

Image by Darren Gill

Production Design by Constance Washington and Jennifer Monk

Sound Design and Composition by Lyndon Horsburgh

Vocal Coaching by Lisa Dallinger

Lighting Design by Canada White

Technical Operation by Shane Grant

Production/Marketing Management Emma Caldwell

Dates/Times: 2nd to 12th November 2023 - Thurs to Sat 7.30pm, Sun 2pm

Tickets: \$30 Full, \$20 Concession, Mob \$8

<https://lamama.com.au/whats-on/spring-2023/slightly-cracked/>

Venue: La Mama Courthouse, 349 Drummond St, Carlton

Duration: 80 minutes no interval

Warnings: Mental Illness, suicide and self-harm, pregnancy/ childbirth, Post Natal Depression, depictions of violence, discussion of abuse and sexual assault, sexism and misogyny, course language, hateful language directed at religious figures.

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